

# THE MAD COW

FIRST EDITION  
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EDITORS:  
LS STEVE TAYLOR  
LS PHIL COX



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"THE MAD COW" IS SOLELY FOR THE ENTERTAINMENT AND PARTICIPATION OF THE OFFICERS AND CREW OF HMCS COWICHAN. ANY ARTICLE OR ILLUSTRATION FOUND OFFENSIVE TO ANYONE, PLEASE BRING IT TO THE ATTENTION OF THE EDITORS, AS THAT WAS NOT OUR INTENTION.

# letters to the editors

Dear Editors,

From the desk of the Old-timer.

Well all you young whippersnappers, I've been bugged long enough by the red necked editor to write a piece for "The Mad Cow". My first thought was what to write about. Then it came to me...how has the seagoing navy changed and how has it not.

## WHAT STAYED THE SAME.

- ships going to sea
- duty watches
- sea watches
- coxswains
- cleaning stations
- Captains rounds
- XO's rounds
- the buffer
- routing orders

## WHAT CHANGED.

- ships companies are co-ed
- civilian clothes on liberty as a rule, uniforms on liberty the exception
- heard from the wheelhouse "Helmsman relieved by Cpl Capozzelli, steering course 350, both engine telegraphs show half ahead Ma'am
- coxn's are co-ed; watch out CERA's are next
- port zodiac instead of the whaler. stbd zodiac instead of the motor work boat. zodiac instead of Boston whaler
- typed on a computer and Xeroxed rather than a stencil and duplicating machine

Last but not least, the one thing that does not show any chance of changing is this Hans guy. Everyday while aboard I heard it twenty years ago, and I'm still hearing it today.

Hans to breakfast

Hans to cleaning stations

Hans to dinner

Hans to this and that

Now I ask the editor or his buggy co-editor to finally tell my why this Hans did not take FRP and leave this service. How about getting someone younger. Maybe Henrietta this time. Come on editor surely you can convince this Hans fellow the retire and leave this Navy.

Bugged from the get go.

---It is certainly interesting seeing the Navy from such an old perspective. We thank you. As far as this, Hans goes, I'm sure he will hang on at least as long as you---ED.

Dear Editors,

I'm telling you right now that I am really ticked off-- NO...I'm #!%@\$! TICKED OFF!!! You two appear to have the organizational skills of a carrot! You guys are lucky that nobody can subscribe to your paper, otherwise more people would be pissed. Now listen, you morons have to have some sort of deadline for this toilet paper. Some of us are counting on this forum to get through the week. That's all I have to say, thank you, and have a nice day!

Disgruntled

---In response to your eloquent letter....what are you going to do, read another paper. I don't think so! We try very hard to have the paper on time, however, we all have other jobs to do and sometimes require extra time. So, take a chill pill---ED.

# A BONE OF CONTENTION:

During our recent port visit there seems to have arose a Bone of Contention as to why the vessel docked one inboard, Chaleur, from the illustrious home of "The Mad Cow" was able to without any difficulties, obtain cable TV during the weekend. Could it be that they have a more responsive and caring electrician than that which is presently embarked on Cowichan? I cannot fathom how the morale of the ship's company is placed second to fishing and the mess consumption of 'Giggle Juice'.

Maybe this individual has spent far too much of his time watching "The Cable Guy" on a continuous loop and forgot the expression which Jim Carrey mad famous "TLL JUICE YOU UP". Well what happened to the juice!!!! Did it go sour or did you forget to pay the cable bill? I'm sure that the remainder of the ship's company is waiting to hear you excuses in trying to bail out of this one Sparky.

PS

Nice haircut.

Speaking of haircuts, isn't the coiffure that the CERA has, just simply marvy? Must have spent a fortune on that one.

PS PS

With regards to "Things that bug Phil", his comment about people taking a glance in the showers, HEY Phil, you should be honoured, they can actually see "That Little Green Gerkin".

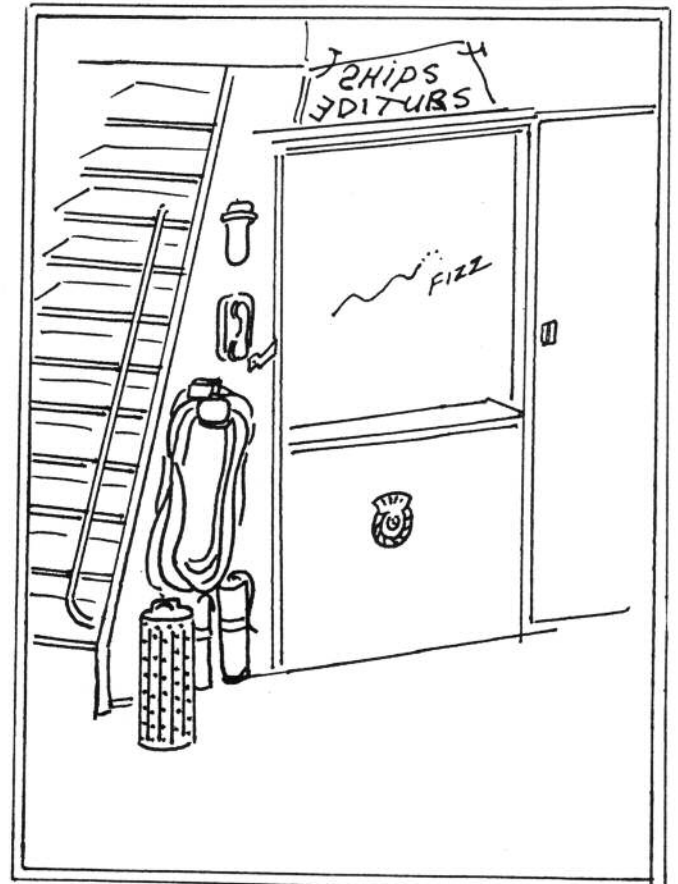
Written by  
Anonymous

*The difference in brain storming between two newspapers*

*The Times*

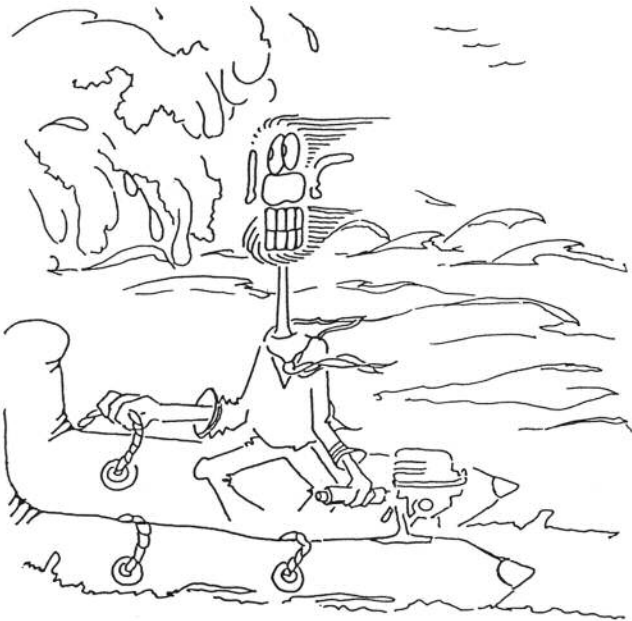


*The Ships*





# ode to the little guy



There is a little guy on sweeper 162,  
who makes jokes and pokes fun at most of the crew.  
He's a stoker by trade, and man even though,  
he has a habit of shopping more than women I know.  
He can be found on the quarterdeck getting a tan,  
even during work hours, but don't tell the 'Old Man'.  
We don't want to get our fair chief into trouble,  
because he will get you back...probably double!  
He's a diver, a skiver, and yes it is true,  
he can *boogey board*, build things...and believe me you;  
this little guy is top notch in his field,  
but if you're around him for long, you'd best bring your shield.  
Now don't get me wrong he's a really good man,  
but if he's smiling at you there is usually a plan,  
to do something funny, nasty, or cruel,  
I just hope for your sake it won't involve tools.  
The chief does the drawings for our awesome "Mad Cow",  
but that won't stop the editors from slamming him now.  
Cause we're fed up, ticked off, at the end of our rope,  
let's call this a truce chief...it's your only hope!

The Eds.

## The Annoying Question

Have you ever asked a French Canadian, "so, what do you think of Quebec separating?", if so this article is for you. When I meet someone new and they realize I am french, about 95% of the time, they ask that question. It has become very annoying to me. Are they going to form their opinion of me, based on my answer? Just for information, not all French Canadians come from Quebec. There are french speaking people in New Brunswick, Ontario, Saskatchewan, and Alberta. All these provinces have communities where french is the primary language.

Why are French Canadians called frog or toad?

I have been very fortunate with the crew on Cowichan, compared to other ships I have sailed on so, I thank you very much. I do not wish this article to be an invitation to start calling me frog or toad, it is just a good feeling to be call by your first name. For me it means respect from the people I work with. I also do not want this article to give the wrong impression. I am not ashamed of my heritage and I love 'La belle province' of Quebec. After all, why wouldn't I? Anyone that has ever been to Quebec during the fall season will tell you that the colours are a beautiful sight to be seen.

I'm in the navy now, and I've made British Columbia my home. I love BC, you have the ocean, the rockies, and spectacular scenery; I love Quebec, they have white Christmas's, Quebec Carnaval (and yes, carnival beer in February at 7% alcohol), and the fall and winter scenery. Most of all, my family is there.

So, to answer the question "so, what do you think of Quebec separating?" my answer is ..... "I DON'T"

Written by LS Eric Kenney

# THE WAY I SEE IT...

In my opinion there are far too many individuals in this world, who think that they are smarter than everyone else. Get off your high horse! If you have to inform everyone around you, how intelligent you are, then you are definitely lacking something. Trying to increase your confidence and/or self-esteem by belittling and criticizing those around you, really shows just how insecure you are. During a *friendly* debate the week, the person I was talking with actually had the audacity to tell me; "You'll never win an argument with me, so don't even try.". This is the kind of individual who, although they may be book smart (or not), needs a few lessons in social inter-action. Instead of calling down other peoples opinions (of which everyone has one), just take into consideration for a moment that someone else may have something valuable to say. You are not the centre of the universe! Everyone has his/her own ideas, plans, and opinions, and although they may differ from those you have, they are no necessarily incorrect. If you take a small amount of what someone else has to say, away with you, then you are a better person for it. Try to understand the other individuals point of view, you will become that much smarter. Forcing your ideas down someones throat is the kind of dangerous act that starts wars.

And that's the way I see it.

Written by  
LS Steve Cox

## THINGS THAT BUG PHIL...

...when your obviously engrossed in an article or book, but there's always one person who'll talk to you anyway!

...when people replace toilet paper so it unrolls off the back of the roll, instead of over the top!

...people who insist on talking to you mere inches from your face.

...Radio Shack in Prince Rupert!

...people who drive too slowly on the left lane of the highway--- also, the people who pass them on the right!

...VCR's that blink 12:00!

...BOB!

...T.V. commercials, where an unknown actor portrays an average consumer---what's worse is when you recognize the actor from some other bit part.

...personal alarm clocks in the mess deck--- especially when their not even in their rack!

...when you bend one of your nails back--- OUCH!

Written by,  
LS Phil Taylor

# YOU CAN'T ALWAYS GET WHAT YOU WANT...

Monday, July 29, 1996

Here we are somewhere off the coast of Alaska. Sailing seemingly aimlessly from place to place, cutting the waves to our final destination home. The days are painfully long and hard for some people are should I say most people. This voyage of six weeks has already seemed like an eternity and we're only half way there. Each of us has our own reason why we may not want to be on this trip, including me. For some it has cast a black cloud over it.

Well ladies and gents (for those of you who know me, you probably won't believe what I'm about to say), it's time to give our overpriced & overrated combat pants a vertical yank and think about what we've done and seen on this trip. For example, today we saw some of the most exhilarating and awe inspiring scenery in the entire world. I'd wager a guess and say that not even a 10th of Canada's or America's population ever get to see or will ever get to see what we've just witnessed.

Certainly everyone onboard Cowichan knows how bad I wanted to go to Italy this year and how bad I didn't want to visit with my native friends in Prince Rupert. Well my fellow sailors (Oh! maybe I can't say that yet) my thirst for adventure and scenic oblivion has been undeniably quenched. You can't put a price tag on what we've seen. I for one had never seen an iceburg in my life, let alone stand on one. How many people, besides most of us, can say that they stood under a glacial waterfall (by the way don't do this at home)? How many people can say that they caught an 18 lb salmon? We all know without a shadow of a doubt the latter doesn't apply to moi. Yet again others have made friendships that they will certainly cherish for the rest of their careers or longer, wether they know it or not.

Of course not all has been good for everyone, but you have to admit this trip has certainly surpassed the "6 weeks from Hell in '95"...so far anyway. Just ask the buffer and MS Jackson how much fun they had fishing when they sop graciously allowed me to drive the "45".

I was rather depressed when I found out that I couldn't attend my cousins wedding in Naples. But now, although I would still rather have been there, I'm more at ease right now in the way the trip has turned out.

Mick Jagger once made the words "You can't always get what you want" immortal. Well I've tried this time and I just did find, I got what I needed.

Written by Cpl Joe Capozzelli

...(or can you)

## FOOD FOR THOUGHT:

Are you too fat? It's no wonder. During NORPLOY 96 the galley will prepare, and serve 117 meals. Approximately 1600 individual plates of food will cross the steam line. In order to accomplish this we have stored an incredible amount of food. Imagine 41 persons consuming the following quantities of food over a 39 day period of time;

- 2160 eggs
- 384 lbs of bacon
- 115 loaves of bread
- 207 lbs of carrots
- 1200 lbs of potatoes
- 230 lbs of margarine/butter
- 600 litres of milk
- 180 lbs of broccoli
- 1850 lbs of fresh/frozen meat

Written and submitted by  
MS Jake McDavid

# COOKIE'S CORNER

Just what has that book reading, sun tanning, scruffy faced, green donning, asprin giving, medical whiz-bang learned about the Navy since embarking in good ship Cowichan. This week MS McDavid, "The Mad Cow's" roving reporter set forth to find out.

- Mad Cow      What is meant by the "Anchor is a cock bill"?
- Sgt Gilles    "Medically speaking it's referred to as the dose or the drip. It's also an anchor tattooed on the lower part the male anatomy."
- Mad Cow      What do you call a 'port hole' on the starboard side?
- Sgt Gilles    "The left hole in a two seated shitter. No excuse me, the right hole."
- Mad Cow      Does doby dust affect ship personnel with hay fever or asthma?
- Sgt Gilles    "Sure it makes them sneeze."
- Mad Cow      Name three uses for a 'bollard'?
- Sgt Gilles    "Is that the rock on a string they throw to the other boat?"
- Mad Cow      What's the BUFFER?
- Sgt Gilles    "That's easy!! It's the thing I use on my floors at home to make them shine."
- Mad Cow      Where is the 'Golden Rivet'?
- Sgt Gilles    "It's in BC. Some Prime Minister used it to nail the last spike in the railroad."
- Mad Cow      Good scran and duff is important to the ship's company. Why is it important to you?
- Sgt Gilles    "It keeps me regular."
- Mad Cow      What does CERA stand for?
- Sgt Gilles    "Chief electrician."
- Mad Cow      Who is the 'Old Man'?
- Sgt Gilles    "My dad!"
- Mad Cow      During CO's rounds the Captain mentioned that the buggery boxes were full of crap. How do you suggest we clean them?
- Sgt Gilles    "Just flush 'em. They are the heads aren't they?"
- Mad Cow      Can you explain the phenomena of being able to 'Skate' on a ship?
- Sgt Gilles    "Well, I hope the brakes work really well! I would think on a larger ship it would be more fun."
- Mad Cow      Can rack monsters breed?
- Sgt Gilles    "God, I hope not!!!"
- Mad Cow      Why do you wear Navy epaulets?
- Sgt Gilles    "There are no Army ones."
- Mad Cow      This concludes our interview. Thank you for sharing your vast knowledge of Navalese with us.
- Sgt Gilles    "You're very welcome."



# ERIC'S MOVIE NEWS & REVIEWS

## THE NEW RATING SYSTEM!

SILVER SCREEN.....Full Admission!!  
CHEAP TUESDAY.....\$5.00 Big Screen Viewing  
MATINEE.....\$4.00 Big Screen Viewing  
RENTAL.....\$3.00 T.V. Viewing

### Independence Day (ID4)

Starring Will Smith (Bad Boys), Jeff Goldblum (The Fly), Bill Pullman (Mr. Wrong) & Harry Connick Jr. (Copcat). This is a new version of the mid 50's "War of the Worlds", and is an excellent movie. ID4 uses the technologies of today for the special effects, and they were truly amazing. I would not be surprised if this movie makes it to the Oscars, maybe not for the acting, more so for the special effects. The main drawback is that the movie is injected with American patriotism, flag waving and propaganda. Other than that, it's still an excellent movie. Good acting but nothing spectacular.

I give it a Cheap Tuesday viewing.

### ERASER

Starring Arnold Schwarzenegger and the former Miss America Vanessa Williams. Excellent movie, good special effects. Surprisingly Arnold did not say his famous quote "I'll be back" or at least if he did I missed it. Arnold is a U.S. marshall involved in witness protection program. Williams is a secretary for a weapons development company. The U.S. government didn't want to purchase their weapons, so they end up selling them outside of the country to the Russians. Not bad acting for the former Miss America, but, as per normal for dear old Arnold.

I give it a Matinee viewing.

### MOVIE NEWS

Phenomena - This is from the preview I've seen, and I imagine everybody else may have seen also. In my opinion, I think this movie will make people take notice of the acting ability of John Travolta. It is going to be an awesome movie, with stars like Forest Whitaker & Robert Duvall also in this film. From what I've seen, Travolta is an average American; he is exposed to a flash of light and discovers he has psychic & telekinetic powers (he can move things and learn things at an accelerated rate). I can't wait to see it!

### MOVIE TRIVIA

- From the movie "Dennis The Menace", who played Denis' mom, Mr. Wilson & the villain?
- In the movies "Young Guns I & II", who played Billy the Kid?
- Brothers Emilio Estevez & Charlie Sheen played in a movie together as garbage men. What was the title of this film?
- What martial arts expert played in the movie "Sidekick"?



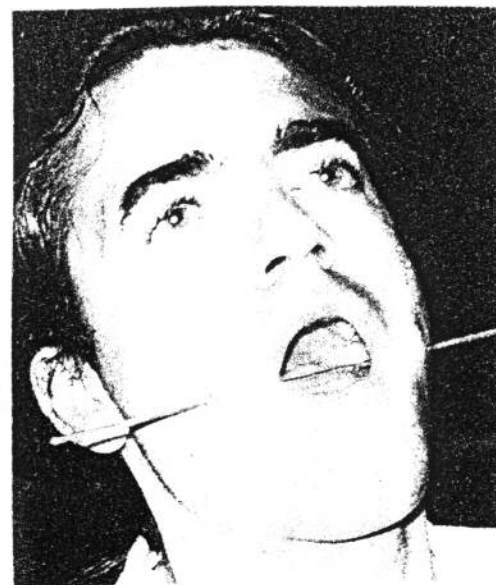
# FREAKS AND ODDITIES!

Where is society going, "...to hell in a hand basket", some may say. It's what I have to write about that leads some people to say this. I'll stress one thing though, it's not just the youth of our world that we have to worry about! The older generations are typically the role models, I now believe that statement is out to lunch. I have an excerpt from a new breed of magazine called "In the flesh", it spawns literature, illustrations and photographs dealing with body piercing, tattooing, scarring, branding, various body modifications and body play. The latter is what I would like to point a figurative finger at, and the article reads as follows:

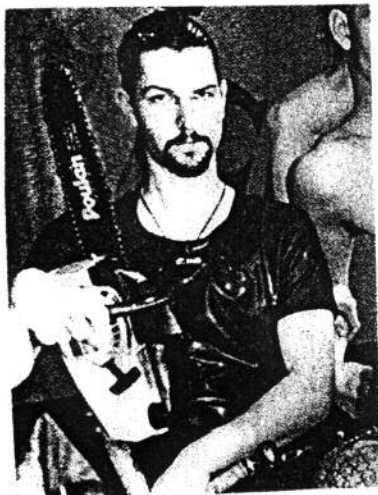
It was during Matt "The Tube" Crowley's act that Rose realized the troupe had walked into a living hell.

The Tube would use a force feeding device to inject and then extract the contents of his belly. Once he had snaked the tubing through his nose, down his esophagus and into his stomach, he would mix a concoction

of eggs, ketchup, mustard, chocolate and a quart of beer into the force feeder and pump it into his stomach. By creating a vacuum with the feeder's plunger, the "Bile Beer", as it was dubbed, would be pumped back into the container, and then drunk by Crowley. At the final Scandinavian show, during the extraction process, a few audience members jumped on-stage. As Rose recounts, "They yanked the tube out of Tube's nostrils, and grabbed the cylinder that held his still-frothing bile as it was coming out



of his nose. And as if his bile beer wasn't disgusting enough on its own, they peed in it. Then they drank it, and threw the remainder at the audience."



This is just a smattering of body play, and is found in what is called a "Sideshow circus act". The title appears to pay homage to the days of circus 'freaks' & 'oddities'. They are all but gone, reappearing now, not as disfigured creatures but as people who can contort; as with the man who can squeeze himself through an unstrung tennis racket; people who can endure, as with a woman who climbs a ladder of swords and lays naked on a bed of nails; people who shock, like the troupe who play chainsaw football where they essentially terrorize the audience with roaring chainsaws! Not to mention the other minor forms of body play that are present like piercing various parts of the body with metal skewers, glass chewing, sword swallowing and lightbulb eating. Shock value is quite important to these acts and they will push the limits.

But this is only half of the factor, you've got to wonder about the people who go to see these performances. Are these people just captivated, like passengers of a car driving past an accident scene caught up in morbid curiosity...you can't help but stare! But even this is only part of it, because you wouldn't pay to see a highway accident, would you?! What drives people to go to these acts? Personally I think that people are just really curious about how much the body can endure...what are its limits. Anything more than this could be considered perverse, and is worth some concern. Upon the release of "The Mad Cow III", if you see this magazine out, judge for yourself. I have only scratched the surface. In conclusion, all this is fine and dandy as long as the people who are bent in this manner don't inflict their ways in some unsolicited manner or on others who don't welcome it.

# THE PILOT'S SONG

(Sung to the tune "All Night Long"  
by Lionel Ritchie)

(spoken) We're gonna close-up, make pipes.....secure  
now forever.....come on and slip those lines....

(sung) Fixing all night long, oh yeah  
It's Lt(N) Tethong, oh yeah  
Fixin' all night long,  
It's Lt(N) Tethong.....

Once he starts fixing he won't slow down,  
Now he's telling 200W to calm down,  
He's not navigating just to get paid  
Come over to the chart, see the tracks he's laid!

(chorus) Oh yeah, we're gonna be DR'ing!  
All night long, all night,  
It's Lt(N) Tethong, all night,  
Fixing all night long, all night,  
DR'ing all night long, all night.

For three points to fix he's looking around,  
We're in a channel with no transits to be found,  
It's okay the Captain concurs anyway,  
Just our luck, he's generated EP's today!

(chorus) We don't we have to worry if the jetty has a crack,  
As we commence our approach he's always on track.  
There's no time for OOW manoeuvres today,  
Watch him now he'll fix all the Captains troubles away!

(repeat chorus and fade)

Written by  
A/Slt Pain (MARS III Warrior Division)

\*Submitted with apologies to Lionel Ritchie, Motown, our pilot, and good taste.



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**Words of wisdom-** When in danger, when in doubt. Run in circles, scream and shout!

Ncdt Devita



# CLASSIFIED

**NEW**-You have probably heard of "Body by Jake". Now try "Haircuts by Jake", that's right! They will leave you amazed and hairless. The clipper system that really removes hair without problems. Ask satisfied customers, then see for yourself. "Haircuts by Jake" is a fail proof, fool proof way to make the Cox'n happy. For an appointment see MS McDavid.

**FOR SALE**-Two sets of brand new FM radio transceivers, with vox. Used twice. Will consider trade for new 10 man zodiac.

**MISSING**-Heaving line from quarterdeck. Last seen Friday 26 July 96 in Juneau. Emotional attachment. If seen or found please return to LS Kenney on quarterdeck.

**FOR SALE**-New litter of naval cadets; home and ship trained. Currently completing career course. Soon to be promoted. All young and healthy, hard workers. Will sell for \$1000 each. Trade for trained officers will be considered.

## SPORTS AT A GLANCE

The Blue Jay's are having another terrible season as any Toronto fan, like myself knows. We all have our own beliefs as to why they've gone from back to back World Series Champions, to back to back losers.

It first started when they lost their pitcher. After letting Jimmy Key go to the Yankees, and losing Cone after signing for the remainder of the '92 season. That year they finished with a sub-par season. All their star players started getting upset at management for letting all their pitching staff go.

In '94 they tried to recover by signing veteran players to help bring around some of their rookie players, and it failed miserably. Last year was their worst season since the late seventies and early eighties.

This season it got even worse. Most fans will look at the loss of such players as, Roberto Alomar and Devon White as disappointing. However, they were not the worst members of the team to leave. When they lost Pat Gillick who was traded, that is where I think the Blue Jay's have lost the most. In a few years (maybe even already), they will miss Pat more than anyone.

Written by  
LS Deric Jones

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DATA- From Sunday the 28th @ 82F, the temperature dropped 35 degrees to 47F at Tracey Arm--- That's 55km from Juneau by the way.



# SURVEY...

(please tick the appropriate response and feel free to elaborate on it. survey results will appear in next weeks final issue of "The Mad Cow".)

1. Should the Commanding Officer keep his beard?

yes

no

comments

2. Should we extend NORPLOY 96?

yes

no

comments

3. Will Joe Capozzelli ever catch a fish?

yes

no

comments

4. Do you want more of "The Mad Cow"?

yes

no

comments

\*THESE SHEETS WILL BE COLLECTED BY THE EDITORS, SO PLEASE RESPOND. WE CARE, WHAT YOU, THE READERSHIP HAS TO SAY!

**LIVE  
DANGEROUSLY,**

**LAST**

**ISSUE**

**NEXT**

**WEEK!**



**GOTTA GETTA**

**MAD COW**